

Skill builder - Draw a Hand

技能构建器 - 画一只手

Much of drawing is learning how to forget your mental picture of something and instead focus on the visual properties (such as **line**, **shading**, **proportion**, and **texture**) that you see.

绘画的大部分内容是学习如何忘记脑海中对某事物的想象，转而专注于你所看到的视觉属性（例如线条、阴影、比例和纹理）。

Draw a hand with as much detail as possible, but without looking at your hand, or anyone else's. 尽可能详细地画一只手，但不要看你的手或其他人的手。	Now draw your hand with as much detail as possible, but you are allowed to look at it this time. 现在尽可能详细地画出你的手，但这次你可以看它。
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